



# PEERS<sup>®</sup> for Teens

PEERS<sup>®</sup> for Adolescents is a 16-week evidence-based, neuro-affirming social skills intervention for motivated teens in high school who are interested in learning new ways of making and keeping friends. Dr. Elizabeth Laugeson originally developed this internationally acclaimed programme at UCLA, and it is currently in use in over 35 countries. Teens learn important social skills during each group session and have the opportunity to practice these skills during socialisation activities. Parents attend separate sessions and are taught how to assist their teens in making and keeping friends by helping expand their teens' social networks and providing feedback through coaching during their weekly socialisation homework assignments. PEERS<sup>®</sup> may be appropriate for teens with autism spectrum disorder, ADHD, anxiety, depression, or other social and behavioural disorders. Parent participation is required.



## Teens will learn how to:

**Use appropriate conversational skills**

**Use humour appropriately**

**Use electronic communication**

**Enter & exit conversations**

**Be a good host during get-togethers  
Be a good sport**

**Handle arguments and  
disagreements**

**Change a bad reputation**

**Handle rumours and gossip**

**Handle rejection, teasing and bullying**



# PEERS<sup>®</sup> for Teens

## Step 1: Register

Check your email for the link for the registration form or use the [link on our site](#).

## Step 2: Sign your service agreement/approve quote

## Step 3: Book your initial 1:1 parent/social coach and teen meetings

These meetings will be online. Each meeting will take approximately 30 minutes. A booking link will be provided after receiving a signed service agreement and approved quote.



## Term 2 2026 Dates

### Option 1

#### PEERS<sup>®</sup> for Teens

#### Full 16 Week program

Online at 4:30 PM AEST

Sessions 1-9

Tues 5 May - Tues 30 June

Sessions 10-16

Tues 21 July - Tues 1 Sept

Parent/Social Coach sessions at 6pm

Total cost: \$6,553.93

# Meet your facilitators

## Anne-Marie O'Hagan

Anne-Marie O'Hagan is an experienced teacher (VIT registration #338893) and the visionary behind The Social Skills Hub, bringing over 15 years of specialised experience supporting neurodivergent children and teens. She has a Bachelor of Social Science followed by a Bachelor of Teaching. Anne-Marie recently completed a Graduate Certificate in Autism and Neurodivergent Studies at the University of Wollongong, and she is now finalising her Master's in Autism and neurodivergent studies—continuing her dedication to professional growth. She has since trained extensively in leading interventions, including Secret Agent Society, PEERS for Young Adults, and PEERS for Preschoolers.

Over the years, Anne-Marie has empowered more than 200 clients (ages 5 to 60) to navigate social interactions, build emotional resilience, and thrive in everyday settings.



## Martin Papavgeris

(TQI registration # 009259, Working with Vulnerable People # 8440)  
Martin has a Bac Education and is an experienced primary school teacher with a passion for supporting children's social and emotional development. For over five years, he has served as a dedicated social skills coach, guiding young learners to build confidence and positive peer relationships. Martin is highly skilled in facilitating evidence-based programs, including the Secret Agent Society small group social skills program and PEERS, both renowned for helping children develop essential social communication strategies. His expertise allows him to create a safe, engaging, and supportive environment where students can practise and apply new skills, empowering them to thrive both in and out of the classroom.



## Emmalyne Day

(TRB of NT registration # 13945)

Emmalyne holds a Bachelor of Education and is an experienced primary school teacher with a strong passion for empowering young people with the skills they need to thrive. With over four years of experience as a social skills coach, Emmalyne is highly skilled in facilitating evidence-based programs, including Secret Agent Society and PEERS. Her warm and friendly nature helps children and teens feel supported, confident, and engaged as they develop important social and emotional skills.

