

Term One 2025

The SAS program is designed to teach children the skills to be able to:

Recognise emotions in themselves and others

Express emotions in appropriate ways

Cope with anxiety and anger

Talk and play with others

Cope with change

Build and maintain friendships

Solve friendship problems

Cope with mistakes and losing

Recognise and deal with bullying and teasing.



Total program cost approx \$3810

A detailed quote will be prepared once registered and a service agreement has been signed.

Register NOW:

hello@thesocialskillshub.com.au

ph Anne-Marie 0403 788 136

Child Meetings

Sessions commence week of February 3 for nine weeks. There will be a follow up session approximately 12 weeks after this, and again another 12 weeks after that. You can choose from weekly sessions from Mon - Thurs at either 4:30pm AEST or 6:30pm AEST. Saturday morning sessions also available.

Parent Meetings

Initial meeting Tuesday 28th January @ 7:30pm - This meeting will let you know everything you need to be prepared for the upcoming program.

Group parent meetings follow the child meeting and will be run Tuesdays and Thursdays @ 8pm online via Zoom. All dates/times to be confirmed after initial intake process has been completed.

What does the SAS Training involve?

Parent Group Meetings

- Parent group meetings are held throughout the program to advise and support parents on the content of child group meetings and how to help their children apply their SAS skills in real life.
- It is optimal if parents have the opportunity for networking and facilitated discussion on the successes and challenges they have faced in supporting their children to use their newly learnt social skills.
- Parent meetings are typically held as close as possible to the child meeting and without children present.



School Support

Classroom teachers are updated on the skills and content children are learning through SAS and how they can support the application of skills in the classroom and playground. This occurs through a combination of providing a series of SAS Teacher Tip Sheets, the Skill Tracker, and teacher consultation.

- SAS is often written into children's individual learning plans to assist teachers to meet the social-emotional goals of their students.
- The SAS Small Group Program is mapped to the Australian National Curriculum.

Mission and Mission Journal

Between each child group meeting, children participate in weekly tasks, including playing 4 levels of online gamified learning, skills practice activities in day-to-day life and completion of a reflection journal.

Skill Tracker System

Skill Tracker System: A short-term daily motivation tool is used to encourage children to practice specific skills at home and school, aligned with progression through each module of the program.

Assessment Measures

A combination of questionnaire booklets, an observational assessment tool, computer game performance and Skill Tracker progress, provide valuable information to guide areas of focus for each individual child as well as providing easy and comprehensive outcome reporting.

SAS Digital Headquarters

The online gateway for children to access their club meeting activities, four levels of gamified learning, digital gadget pack, a Mission Journal for self-reflection on real life practice tasks, a multi-user Skill Tracker system, and other tools. Watch the game trailer.

Costs

The total program cost is approximately \$3810, you will be given a detailed quote prior to starting. This includes all meetings, follow up sessions, access to online portal. Please note there may be an additional fee for sessions that are missed and make up sessions are required. NDIS funding may be used if the family are self-managed or plan-managed. Please note that for participants with plan-managed NDIS there may be an out of pocket expense for the family. Contact your NDIS plan manager for further information.